

Workshop: Fatigue management following acquired brain injury in clinical practice

Presenter(s):



Daniel Løke

Psychologist & Doctoral Research Fellow at Sunnaas Rehabilitation Hospital, Nesodden, Norway

Short bio:

Psychologist and doctoral research fellow with diverse experience in assessment and rehabilitation of patients with both congenital and acquired brain injuries, as well as persistent pain. Biopsychosocial approaches to understanding and treating subjective health complaints such as fatigue and pain are a particular interest and passion clinically and in my research.



Frederik Lehman Dornonville de la Cour

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Short bio: Frederik Lehman Dornonville de la Cour:

<https://portal.findresearcher.sdu.dk/en/persons/frederik-lehman-dornonville-de-la-cour>

His research interests are in neurorehabilitation and neuropsychological sequelae of brain injury, particularly assessment and treatment of fatigue. He is conducting a PhD project with aims to validate a self-reported outcome measure of fatigue and to evaluate treatment strategies for improving self-management of fatigue in interdisciplinary vocational rehabilitation of brain injury.

Abstract: Fatigue is a common complaint following acquired brain injury (ABI). Although several interventions have been evaluated, such as pharmacological treatment, cognitive behavioral therapy, and metacognitive strategies, there is currently insufficient evidence to support a gold-standard for treatment in clinical practice. This workshop covers issues to consider in fatigue rehabilitation for adult populations. The participants will learn about factors that may contribute to fatigue and the interplay of fatigue with associated factors, assessment of fatigue, including patient-reported outcome measures, and differential diagnostic considerations. Further, management strategies for fatigue will be presented, including cognitive and metacognitive strategies for improving problem solving and attention, and behavioral strategies of an interdisciplinary Energy Management program in vocational rehabilitation. The workshop will incorporate research findings from the scientific literature, case examples, and exercises.